

SHEFFIELD CORONARY SOCIETY
Committee Meeting
SHU , Sheffield
Monday, 28 November 2011

Present

- J Heathcote / E Wall / L Allan / D Bannister/ K Horspool / K Broome

1. Apologies

- B Anderson / S Saint

2. Minutes and Matters Arising from previous meetings

- The minutes from the previous meeting were accepted as correct by Esme and seconded by Les.
- There were no matters arising not covered in the agenda.

3. Secretarial Tasks

- Social events
 - None since last meeting.
- Promoting SCS through information and publicity
 - The editing of the DVD is still required. The tape has been returned to Kim, who has asked Dan the film maker to complete the work.
Action – KH
- Updating and Maintaining SCS Website
 - Ken has had problems in updating the site and is in discussion with Stuart Latham.
Action – KB
- Newsletter

The winter newsletter was discussed and will be issued by early February. For the winter newsletter it was agreed to complete the following tasks by mid January:

 - Ken to prepare the report from the Chair
Action – KB
 - Kim to prepare a Healthy Heart topic on diet and diabetes
Action – KH
 - Doreen to provide a recipe
Action - DB
 - Ben to provide a Fitness Instructor article.
Action – BA

- Future Social Events
 - The Christmas party is organised for 9th December at The Phoenix.
 - Ken to provide logic quiz questions.
Action - KB
 - Kim to provide individual raffle numbers with menu choice on
Action - KH

4. The Future of SCS

This item was not discussed as Ben was not present – items below still to resolve.

- Referrals
 - Ben to produce an information letter for GP practices about SCS, inviting at risk patients to join the group. Ben is still in discussions with PCT staff (Julie Rees, Kath Higginbottom) to ensure information about SCS is being cascaded to the local Active Sheffield groups.
Action - BA
 - Ben has spoken to cardiac nurses at NGH regarding sending SCS representatives to talk to the rehab groups. Dates need to be arranged.
Action – BA
 - DB to find out name of cardiac rehab nurse to link with at RHH
Action – DB

5. Financial Update

- The current financial situation is

	£
➤ Investment Account	3863.80
➤ Current Account	928.19
➤ Cash	<u>97.60</u>
➤ Total	<u>4889.59</u>
- However, outstanding hall fees of £435 for SHU are still to come out.
- Financial situation is deteriorating due to low membership numbers.

6. Links Update

- PCT
Ben not present to give update
Action - BA.
- Links to Other Sheffield Groups
Ben met with Dave Birds and Robert Womack from the Concord Heart Support Group to discuss a funding bid for the third evening proposal. Further meetings will need to be set up to progress.
Action – BA

We will need to get SCS reps to future Concord Thursday evening information meetings.

Action – KB to identify dates

- NTNCC User Group
No-one was able to attend the November meeting. Notes will be circulated when received.

Action – KB

7. AOB

A Sheffield Heart event is proposed by NTNCC. It was agreed SCS would provide a response to the following items.

1) Funding and fundraising – the event isn't (yet) funded. We are talking to various organizations in Sheffield to secure funding but welcome your ideas and efforts to fund the event.

2) Agenda – what should be covered? What are the most important topics to cover in Sheffield? And are you interested in sitting on a management team to plan the event?

3) Organization – practical help in organizing and delivering the event

4) Publicity – can you and the group tell as many people as possible about the event? Perhaps you work in or know people in the media?

Action KB, with help if possible

8. Date of Next Meeting

- The next meeting will be held on Monday **13th February** after the gym

Action – All